

Scientific Programme

Dated 25 July 2019



11TH CONGRESS OF THE EUROPEAN PAIN FEDERATION EFIC®
4-7 SEPTEMBER 2019
VALENCIA, SPAIN



Wednesday, 04 September 2019

Room	EFIC Hall	Auditorium 1A	Hall 1B	Auditorium 3A	Room 3F	Room 2H	Room 4C	Room 4F	Poster Area	
08:30-10:00	IMI-PAINCARE - IMPROVING THE CARE OF PATIENTS SUFFERING FROM ACUTE OR CHRONIC PAIN		EXERCISE: IMPACT AND MEASUREMENT			CORE DATA AND PERFORMANCE MEASUREMENT FOR CHRONIC PAIN: A PROJECT TO INFORM NATIONAL, AND INTERNATIONAL, IMPROVEMENT IN CHRONIC PAIN TREATMENT AND PROVISION		ORAL COMMUNICATIONS 1		
COFFEE BREAK, EXHIBITION, POSTER VIEWING										
10:30-12:00	PAIN OUT: PROGRESSION TO THE NEXT STAGE	IMPROVING NON-INVASIVE BRAIN STIMULATION IN PAIN THERAPY BY UNDERSTANDING AND IMPLEMENTING CIRCUIT MECHANISMS	INFLAMMATORY MARKERS OF CHRONIC PAIN AND PAIN SENSITIVITY - USING BIOMARKER PANELS FOR MOLECULAR DISCOVERY IN HUMANS	EUROPEAN E- HEALTH TOOL TO (PRE)SELECT SPINAL CORD STIMULATION PATIENTS	PAIN DURING AGING	GENETIC GUIDED PHARMACOLOGICAL PAIN THERAPY II: CLINICAL IMPLEMENTATION: BENEFITS, CHALLENGES AND PITFALLS	BEYOND WORDS: EXPLORING FACIAL, VOCAL AND BODILY COMMUNICATION OF PAIN ACROSS THE LIFESPAN	ORAL COMMUNICATIONS 2		
COFFEE BREAK, EXHIBITION, POSTER VIEWING										
12:00-13:00										Poster Session, Poster Area Basics in Pain walk 1 12:10-13:00
13:00-14:30	IMPROVING THE DIAGNOSIS AND MANAGEMENT OF NEUROPATHIC CANCER PAIN		PERSONALISED MECHANISTIC PAIN MEDICINE USING QUANTITATIVE SENSORY TESTING (QST)	TARGETING THE DRG - A NEW PARADIGM FOR NEUROPATHIC PAIN	HEADACHE AND OROFACIAL PAIN	PLACEBO EFFECTS ON PAIN: FROM THE LAB TO THE CLINIC	OPPOSING EMOTIONAL ATTITUDES MAY ALL LEAD TO HYPOALGESIA: THE ROLE OF OPTIMISM, PESSIMISM AND ALEXITHYMIA	ORAL COMMUNICATIONS 3		
14:30-16:00	SOCIETAL IMPACT OF PAIN - CHANGING PAIN MEDICINE THROUGH POLITICAL ACTION		FACTORS AFFECTING CONDITIONING PAIN MODULATION IN ANIMAL, HUMAN-EXPERIMENTAL AND LARGE-SCALE COHORT STUDIES	USING EVOKED COMPOUND ACTION POTENTIALS (ECAPS) TO THE ELUCIDATE MECHANISMS OF ACTION AND IMPROVE CLINICAL PREDICTABILITY AND LONG-TERM COMPLIANCE OF SPINAL CORD STIMULATION	ASSESSMENT OF PAIN	ADVANCES TOWARD PRECISION PAIN MEDICINE	THE EFFECTS OF PAIN ON ATTENTION AND LEARNING - OLD PROBLEM, NEW INSIGHTS	ORAL COMMUNICATIONS 4		
COFFEE BREAK, EXHIBITION, POSTER VIEWING										
16:30-17:00	PLENARY SESSION NEUROMODULATION - WHERE ARE WE GOING TO? A VIEW IN THE FUTURE OF STIMULATION THERAPIES									
17:00-17:30	PLENARY SESSION INTERDISCIPLINARY APPROACHES TO CHRONIC PAIN PATIENTS									
17:30-18:00	PLENARY SESSION GENDER AND MIGRAINE									
18:00-18:15	Short Break									
18:15-19:30	Opening Ceremony									
19:30-20:30	Welcome Reception									

* Industry Session not included in main event CME/CPD credit

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11TH CONGRESS OF THE EUROPEAN PAIN FEDERATION EFIC[®]
6-7 SEPTEMBER 2019
VALENCIA, SPAIN



Thursday, 05 September 2019

Room	EFIC Hall	Auditorium 1A	Hall 1B	Auditorium 3A	Room 3F	Room 2H	Room 4C	Room 4F	Poster Area
08:30-09:00	PLENARY SESSION THE ROLE OF THE IMMUNE SYSTEM IN PAIN								
09:00-09:30	PLENARY SESSION THE ROLE OF GENETICS IN PAIN								
09:30-10:00	PLENARY SESSION PAIN AND OPIOIDS IN CANCER CARE: BENEFITS, RISKS, AND ALTERNATIVES								
10:00-10:30	COFFEE BREAK, EXHIBITION, POSTER VIEWING								
10:30-12:00	HOW TO CONDUCT DIAGNOSTIC TESTS IN PATIENTS SUSPECTED OF NEUROPATHIC PAIN	NEW ASPECTS OF COMPLEX REGIONAL PAIN SYNDROME	AVOIDANCE BEHAVIOR IN PAIN: INSIGHTS FROM ASSOCIATIVE LEARNING, COMPUTATIONAL MODELING AND BRAIN IMAGING	DOES NGF NEUTRALISING THERAPY FULFILL ITS PROMISE AS NOVEL ANALGESIC DRUG?	ACUTE AND POSTSURGICAL PAIN	ALTERED NOCICEPTIVE PROCESSING IN MIGRAINE AND TENSION TYPE HEADACHE: DIFFERENCES AND SIMILARITIES IN QUANTITATIVE SENSORY TESTING (QST) PROFILES AND BIOMARKERS	PERIPHERAL AND CENTRAL MECHANISMS UNDERLYING THE TRANSITION OF ACUTE TO CHRONIC MUSCULOSKELETAL PAIN	PATIENT ENCOUNTERS AND COMPLIANCE WITH TREATMENT RECOMMENDATIONS	
12:00-12:15	Short Break, Exhibition, Poster Viewing								
12:15-13:45	Lunch Break, Exhibition, Poster Viewing	Industry Supported Session 1 *	Industry Supported Session 2 *	Industry Supported Session 3 *	Lunch Break, Exhibition, Poster Viewing				Poster Session, Poster Area Basics in Pain walk 2 12:30-13:30
13:45-14:30	PLENARY SESSION PAIN AT THE EDGES OF THE LIFE SPAN: WHERE PEDIATRICS MEETS GERIATRICS								
14:30-16:00	NEW TRENDS IN PAINFUL DIABETIC NEUROPATHY	NEW TRENDS IN TRIGEMINAL NEURALGIA	ADDRESSING THE ELEPHANT IN THE ROOM: A DETAILED EXPLORATION OF DIAGNOSTIC UNCERTAINTY IN ADULT AND PAEDIATRIC CHRONIC PAIN SETTINGS	OPIOID INDUCED BOWEL DYSFUNCTION (OIBD) WITH A FOCUS ON OPIOID INDUCED CONSTIPATION AND OPIOID INDUCED NAUSEA: FROM MODEL TO CLINICAL PRACTICE	CANCER (RELATED) PAIN	TACKLING PAIN IN VULNERABLY OLD INDIVIDUALS SUFFERING FROM DEMENTIA	TEMPORAL DYNAMICS OF SENSITISATION ALONG A CONTINUUM OF SPINAL PAIN	THE PATIENTS PERSPECTIVE: HOW TO LIVE AND WORK WITH CHRONIC PAIN	
16:00-16:30	COFFEE BREAK, EXHIBITION, POSTER VIEWING								
16:30-18:00	PHENOTYPING NEUROPATHIC PAIN AFTER 25 YEARS OF RESEARCH: WHERE DO WE STAND, WHERE DO WE GO?	NEW FINDINGS IN CLINICAL PAIN RESEARCH: RESULTS FROM FORMER E-G-G- WINNERS	PAIN PSYCHOLOGY COMING OF AGE: FOUNDATIONS, EVIDENCE, AND INNOVATIONS	KETAMINE FOR REFRACTORY PAIN: PHOENIX OR BLACK SHEEP?	VISCERAL PAIN	OVERGENERALISATION: THE MISSING LINK BETWEEN CHRONIC PAIN AND DEPRESSION	I GOT THEM ALL: PATHOPHYSIOLOGY AND TREATMENT OF OVERLAPPING PAIN CONDITIONS	HOW CAN PATIENT BE HELPED IN THEIR PATIENT DOCTOR RELATIONSHIP	
18:00-18:15	Short Break, Exhibition, Poster Viewing								
18:15-19:45					Industry Supported Session 4 *	Industry Supported Session 5 *		Industry Supported Session 6 *	

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Friday, 06 September 2019

Room	EFIC Hall	Auditorium 1A	Hall 1B	Auditorium 3A	Room 3F	Room 2H	Room 4C	Room 4F	Poster Area
08:30-09:00	PLENARY SESSION PERIPHERAL SENSITISATION IS WHAT MATTERS								
09:00-09:30	PLENARY SESSION CENTRAL ORIGINS OF PAIN SENSITISATION: TRANSLATIONAL STUDIES								
09:30-10:00	PLENARY SESSION BRINGING THE FUTURE TO THE PRESENT - THE EVOLUTION OF DIGITAL HEALTH(CARE) (PAIN)MEDICINE								
10:00-10:30	Coffee Break, Exhibition, Poster Viewing								Poster Session, Poster Area Basics in Pain walk 1 12:30-13:30
10:30-12:00	SUB-TYPE SPECIFIC SODIUM CHANNEL BLOCKERS AS NOVEL ANALGESIC DRUGS - ARE WE NEARLY THERE, YET?	DO THOUGHTS AND FEELINGS REALLY MATTER WHERE SPINAL CORD STIMULATORS ARE CONCERNED?	NEUROIMMUNE ACTIVATION IN CHRONIC MUSCULOSKELETAL PAIN - LESSONS FROM RECENT PET STUDIES AND CSF ANALYSIS IN MULTIPLE PATIENT COHORTS	RADICULAR PAIN - AN UPDATE ON CLINICAL PRESENTATION, CLASSIFICATION AND MULTIPROFESSIONAL MANAGEMENT OF A COMPLEX CONDITION	NEUROBIOLOGY OF PAIN	LATE BREAKING ORAL COMMUNICATIONS	THE ADVANTAGES AND DISADVANTAGES OF AN INSTITUTIONAL APPROACH TO PAIN ASSESSMENT. EXPERIENCE FROM CANCER AND PERIOPERATIVE CARE IN THE UK AND EUROPE	SINDROME CIRUGÍA FALLIDA COLUMNA. LAS TÉCNICAS INTERVENCIONISTAS PUEDEN AYUDARNOS?	
12:00-12:15	Short Break								
12:15-13:45	Lunch Break, Exhibition, Poster Viewing	Industry Supported Session 7 *	Industry Supported Session 8 *	Industry Supported Session 9 *	Industry Supported Session 10 *	Lunch Break, Exhibition, Poster Viewing		SPANISH SOCIETY MEETING	
13:45-14:30	PLENARY SESSION WHAT IS THE ROLE OF "EXPLAIN PAIN" IN THE TREATMENT ALGORITHM OF PAIN								
14:30-16:00	A NEW LOOK AT THE INTERVERTEBRAL DISC AS A PAIN GENERATOR	IS THERE AN OPIOID EPIDEMIC IN EUROPE?	THE FUTURE IS NOW: DIGITAL TECHNOLOGIES FROM ASSESSMENT TO TREATMENT	MECHANISTIC EPIDEMIOLOGY OF PERSISTENT PAIN	PSYCHOSOCIAL ASPECTS OF PAIN	"UNRAVELLING PAIN IN INFLAMMATORY DISEASES: FROM NOCICEPTION TO COMPLEX MECHANISMS"	THE ROLE OF SELF-MANAGEMENT IN THE TREATMENT OF MUSCULOSKELETAL DISORDERS: CURRENT EVIDENCE AND PRACTICAL RECOMMENDATIONS	LAS BASES DEL DOLOR QUE NOS LO EXPLICAN TODO	
16:00-16:30	Coffee Break, Exhibition, Poster Viewing								
16:30-18:00	CRITICAL VIEW ON THE RECENT LITERATURE ON RADIOFREQUENCY TREATMENT FOR LUMBAR FACET JOINT PAIN	NEW SUBSTANCES AS A NEW POSSIBILITIES FOR PAIN TREATMENT	PREVENTION OF WORK DISABILITY: IMPLEMENTING A 'WHOLE-SYSTEMS' APPROACH	OPTIMISATION AND REFINEMENT OF ANIMAL MODELS TO IMPROVE TRANSLATABILITY OF RESEARCH IN CHRONIC PELVIC PAIN ASSOCIATED	NEUROPATHIC PAIN	FIBROMYALGIA - A PROTOTYPE OF NOCICLASTIC PAIN: UNDERSTANDING MECHANISMS AND DELIVERING OPTIMAL CARE	"A MODERN AND FRESH VIEW ON PAIN NEUROSCIENCE EDUCATION: LESS COMMON, BUT ALL THE MORE CONVENIENT"	DOLOR MIOFASCIAL	

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Saturday, 07 September 2019

Room	EFIC Hall (Exhibition Area closed Saturday)	Auditorium 1A	Hall 1B (Exhibition Area closed Saturday)	Auditorium 3A	Room 3F	Room 2H	Room 4C	Room 4F
08:30-09:00		PLENARY SESSION PAIN MODULATION AND NEUROINFLAMMATION IN RHEUMATOID ARTHRITIS, OSTEOARTHRITIS AND FIBROMYALGIA, SIMILARITIES AND DIFFERENCES						
09:00-09:30		PLENARY SESSION NEUROPATHIC PAIN - WHAT WENT WRONG?						
09:30-10:00		PLENARY SESSION GRADING THE EVIDENCE - NEW DEVELOPMENTS IN ESTIMATING THE QUALITY OF EVIDENCE AND CONSEQUENCES FOR THE TREATMENT OF PAIN						
10:00-10:30	Coffee Break, E-Poster Viewing							
10:45-12:15		THE IASP CLASSIFICATION OF CHRONIC PAIN FOR ICD-11: UPDATE AND FIRST RESULTS FROM INTERNATIONAL FIELD TESTING STUDIES		UNDERSTANDING VARIABILITY IN PEDIATRIC PAIN AT THE INTERFACE OF BIOLOGY, PSYCHOLOGY, AND SOCIAL DIMENSIONS	CHRONIC PAIN ACROSS THE LIFESPAN: BIOPSYCHOSOCIAL TREATMENT PERSPECTIVES		SENSIBILIZACIÓN CENTRAL... UN PROCESO MULTIDISCIPLINAR	
12:15-12:45	Lunch break							
12:45-14:15		CANNABIS-BASED MEDICINES FOR CHRONIC PAIN - BEYOND EVIDENCE- BASED MEDICINE?		MODULATING CHRONIC PAIN WITH PHYSICAL THERAPY: KEY CONSIDERATIONS FOR APPROPRIATE MANAGEMENT	AXIAL PAIN		NOVEL BIOMARKERS TO ASSESS CENTRAL SENSITIZATION IN HUMANS	
14:15-15:15		LIVE! EFIC – MASTERCHEF: ANTINOCICEPTIVE COOKING						
15:15-15:30		Closing & Awards						

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Plenary	Workshop: Headache	Workshop: Pain Syndromes	Workshop: Psychology	Workshop: Pharmacological Topics	Workshop: Neuromodulation	Workshop: Neuropathic Pain	Workshop: Basic Science	Workshop: Low Back Pain	Workshop: Musculoskeletal
Workshop: CRPS	Refresher Course: Headache	Refresher Course: Pain Syndromes	Refresher Course: Psychology	Workshop: General	Patient Care	Refresher Course: Neuropathic Pain	Refresher Course: Basic Science	Refresher Course: Low Back Pain	Refresher Course: Visceral Pain
Spanish-language Track	Late-Breaking: Headache	Oral Communications	Industry Supported Session	Networking	Break	Special Session			